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I am an Assistant Professor of Embryology, School of Health Sciences, Faculty of Medicine, University of Thessaly, Greece. I am appointed as a Head of the Embryology Lab of the ART Unit of the Obstetrics and Gynecology University Clinic of the University Hospital of Larisa in Greece. My research interests are mainly the quality of spermatozoa and oocytes and the impact on fertilization and IVF outcome. Moreover, the effect of cryopreservation on both gametes and embryos and the environmental factors that may affect the quality of the gametes are also within my research interests. Molecular embryology and the molecular pathways that might be affected by the IVF procedures are my ambient future research interests. I have published more than 60 papers with a total impact factor more than 160 and more than 1400 citations. I am serving as an Editorial Board/Associate Editor/Section Editor in three International Journals and I have reviewed more than 400 scientific works in about 90 Journals.