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Despina Tzanakaki studied Biology at the University of Patras, Greece and specialized in clinical embryology at the University of Nottingham, UK, obtaining the M.Med.Sci. in Assisted Reproduction Technology.

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She is a member of ESHRE and ALPHA Scientists in Reproductive Medicine, while she continuously attends conferences and seminars in the field of Assisted Reproduction, as well as participating in many publications in peer-reviewed journals. She is also instructor in several Master Degree Programs and she trains graduates of biomedical sciences in various

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Moreover, she played a pivotal role in the design, renovation and reopening of the Assisted Reproduction Unit at Aretaieio Hospital, which led to the Certification of the Department according to EN 15224 and its formal licensing by the Greek Authorities in 2020.