

MARIANA VELOSO MARTINS

ASSISTANT PROFESSOR

FACULTY OF PSYCHOLOGY AND EDUCATIONAL SCIENCES

Carrer

- 2017. Assistant Professor, Faculty of Psychology and Educational Sciences, University of Porto (FPCEUP)
- 2008-... Researcher – integrated member of the Centre for Psychology of the University of Porto
- 2012-... Researcher at the Copenhagen Multi-centre Psychosocial Infertility Research Unit of the Department of Public Health, University of Copenhagen, Denmark
- 2005- Clinical Psychologist at the Youth and Adult Psychological Consultation Unit of the FPCEUP Psychological Consultation Service
- 2013-17. Post-doc Researcher, FPCEUP, funded by the Science and Technology Foundation (SFRH/BPD/85789/2012)
- 2009-2012. PhD scholarship, FPCEUP, funded by the Science and Technology Foundation (SFRH/BD/44232/2008).

Educational Background

- 2018. Postgraduate: Specialization in Systemic and Family Intervention
- 2016. Psychologist specialized in Clinical and Health Psychology, Order of Portuguese Psychologists (professional card 481)
- 2012. PhD in Psychology, FPCEUP and Chapman University, California, USA.
- 2008. Master's Degree in Sexual and Couple Therapy, Facultat of Psychology, Universitat de Barcelona.
- 2005. Degree in Psychology, FPCEUP.

Research

Main research field is Reproductive Health Psychology, focusing on infertility and involuntary childlessness, medically assisted reproduction and promotion of fertility education.

Main goals are 1) to help individuals and couples to better cope with the uncertainty and effects of fertility treatments; and 2) to empower young couples and fertility patients on how to make conscious reproductive choices or be educated about what going through subfertility or infertility entails.

Has been involved has a team member in **>10** Funded research projects whereof **2** As principal investigator and **5** As part of the applicant team; has won **>10** research awards. Has collaborated with **20** universities or hospitals (12 internacional and 8 national).

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Research Gate: | www.researchgate.net/profile/Mariana_Martins6

Scientific publication

>30 scientific articles in international peer-reviewed journals and 6 in national journals. 3 book chapters.
> 1500 citations, H-index 19, I-10 index 22.

Five recent publications relevant to the Global and Sociocultural Aspects of Infertility SIG:

1. Ribeiro, S., Pedro, J., & **Martins, M. V.** (2024). Psychosocial experiences of involuntary definitive childless women: a comparative study based on reproductive status. *Human Reproduction*, 39(3), 559-568. <https://doi.org/10.1093/humrep/deae001>
2. **Martins, M. V.**, Koert, E., Sylvest, R., Maeda, E., Moura-Ramos, M., Hammarberg, K., & Harper, J. (2024). Fertility education: recommendations for developing and implementing tools to improve fertility literacy. *Human Reproduction*, 39(2), 293-302. <https://doi.org/10.1093/humrep/dead253>
3. **Martins, M. V.**, Fernandes, J., Pedro, J., Barros, A., Xavier, P., Schmidt, L., & Costa, M. E. (2022). Effects of trying to conceive using an every-other-day strategy versus fertile window monitoring on stress: a 12-month randomized controlled trial. *Human Reproduction*, 37(12), 2845-2855. doi: [10.1093/humrep/deac228](https://doi.org/10.1093/humrep/deac228)
4. Kirkman-Brown, J., Calhaz-Jorge, C., Dancet, E. A., Lundin, K., **Martins, M.V.**...& Frith, L. (2022): ESHRE Working Group on Reproductive Donation: Good practice recommendations for information provision for those involved in reproductive donation. *Human Reproduction Open*, Feb 16;2022(1):hoac001. doi: [10.1093/hropen/hoac001](https://doi.org/10.1093/hropen/hoac001)
5. Pedro, J., Fernandes, J., Schmidt, L., Costa, M. E., & **Martins, M. V.** (2021). Mapping intentions to adopt fertility protective behaviours: the role of couple congruence and the importance of relationship and fertility awareness. *Human Fertility*, 1-10. doi: [10.1080/14647273.2021.1960436](https://doi.org/10.1080/14647273.2021.1960436)

Transference of knowledge

Organized >30 scientific events and congresses, 7 head of the organizing committee. Presented >120 scientific papers, >30 of which as a guest speaker. Has organized >10 workshops and open seminars for the civil society and has directed and produced 2 educational videos for the Portuguese Ministry of Health.

Active involvement in 5 scientific societies, being involved in task forces and coordination committees of the Psychology Groups of the Portuguese Society of Reproductive Medicine and ESHRE. Founding member of the International Reproductive Health Education Collaboration.

Her research has been published in >35 newspapers and she was interviewed >5 times.

Supervision

Has supervised >30 Master students, >10 PhD students and 2 pos-docs.

Referee and reviewer activity

Has accepted to review >50 manuscripts for a total of >25 scientific journals (including HR, HRU, HRO).

Has evaluated abstracts for presentation in conferences for 2 professional societies.

Languages

Fluent in English, French and Spanish.

Maternity leaves

Is a mother of 3 children and has interrupted work for a total of 22 months (2012, 2015 and 2018).

August 24

